

Poppy Quilt

By Rachel B. Derstine



This pattern is for a 16" x 16" square quilt with appliquéd poppies. The image above left is a much larger quilt with the poppies appliquéd on a pieced background. The image above right is an unfinished version on a plain background and I have reduced the size of the flowers and leaves so that you may use them on a smaller quilt.

Please print out the four pages included with this pattern: Poppy Guide, Poppy 1, Poppy 2, Poppy 3. The guide is not to scale. It is smaller than the flowers and leaves on your pattern and is just a guide to help you lay out the pieces. Poppy 1, Poppy 2 and Poppy 3 ARE to scale.

Supply List:

Background Fabric – 17" square

4-5 shades of red/orange batiks – 6" x 10"

2-3 shades of green batiks - 6" x 10"

Good brand of freezer paper

Good brand of parchment paper (do not buy Dollar Store brand)

Sharpie Pen – Fine

MistyFuse

Printer

Iron

Sewing machine

Very sharp fabric scissors

Paper scissors
Pellon 806 Stitch-n-Tear
Batting and Backing of your choice
Optional: yarn, worsted or sport weight

Links:

www.mistyfuse.com

www.colorwaysbyvicki.com

www.karenkaybuckley.com

Lay a piece of MistyFuse onto the wrong side of fabric pieces. Protect your iron and ironing surface with parchment paper. Press with a hot dry iron. Allow the fused pieces to cool before taking them off the parchment paper.

Use the Sharpie Pen to trace and label all petal, stem and leaf pieces onto freezer paper with the shiny side up. Use a paper scissors to cut each piece out. Turn each one over and label on the back. Keep these pieces in a zip lock bag until ready to use.

Lay the shiny side of freezer paper pieces down onto the side of fabric which has the MistyFuse. Use different fabric for each petal, being mindful of using lighter colors for those petals more likely to catch the sun and those petals which would be in the shadows. Protect with parchment paper and press only very lightly for a very short time. Remove parchment.

Use a very sharp scissors to cut out each piece very close to the freezer paper. Leave the freezer paper on.

Use the guide to figure out how to arrange all pieces on your background fabric. Do not worry if some leaves do not contrast enough with the background. You can always use thread to define them later.

At this point you may stitch down all pieces to the background with a monofilament or matching thread. I use a straight stitch for the first round.

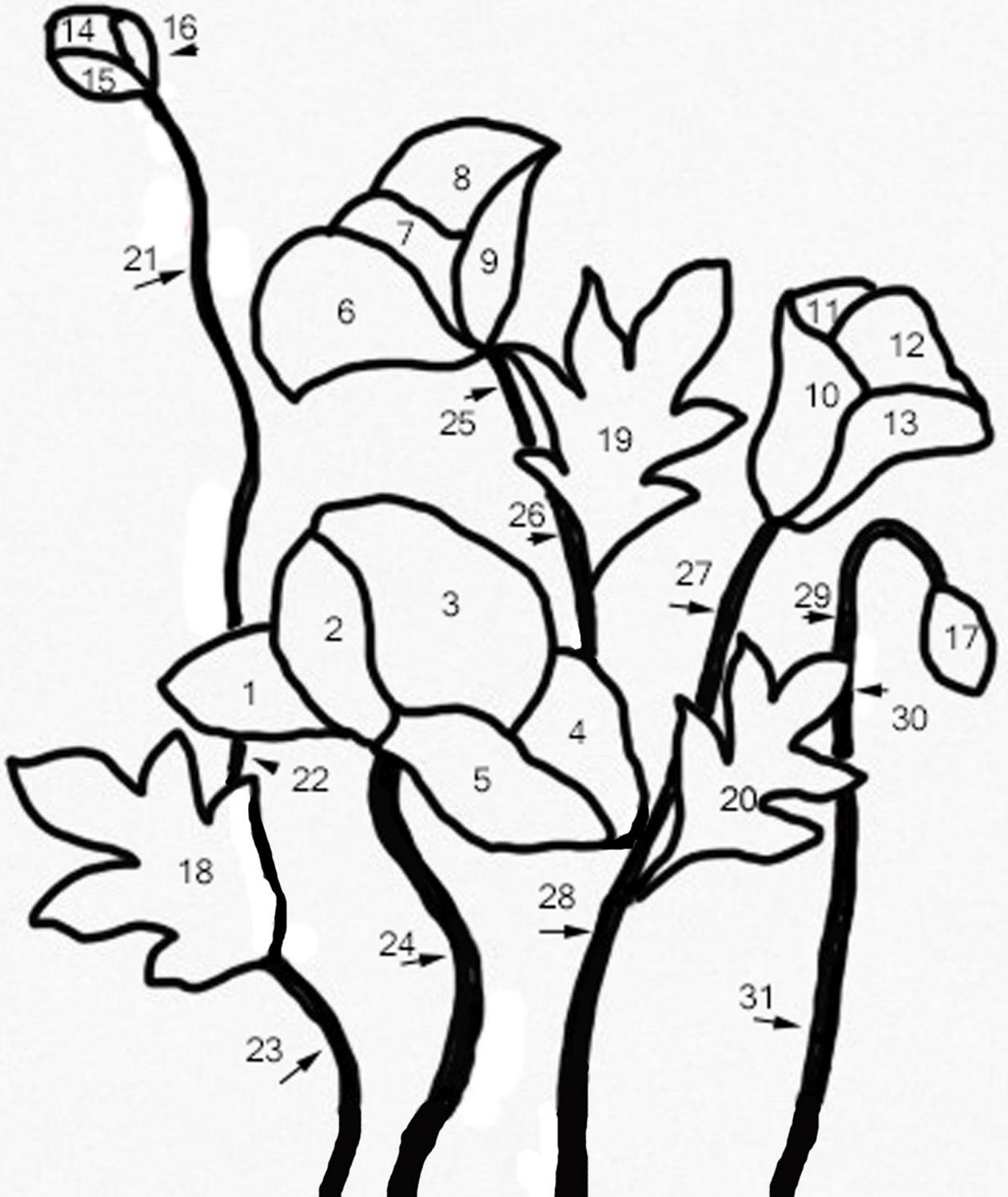
The next step is to define the edges of the applique pieces. You may do this several ways.

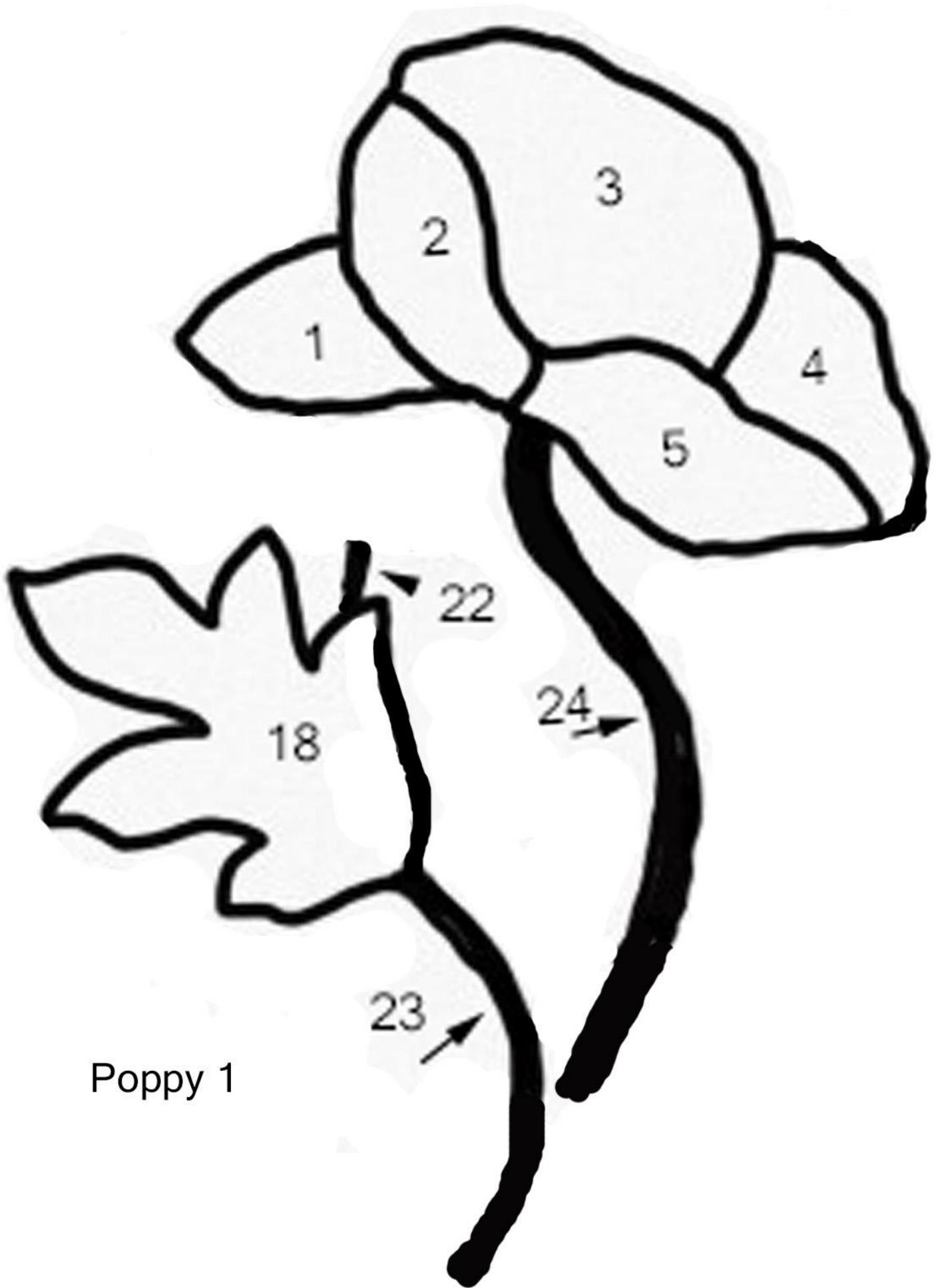
Satin Stitch: Use matching thread – something shiny like Glide, Isacord or Floriani works best. Use Deco-Bob or Bottom Line in the bobbin. Set the top tension a little loose so the bobbin threads are not visible on the top when you stitch. Set the machine to zig-zag stitch with .30 length and 1.80 width. Practice on a piece of scrap fabric and adjust setting until you get the stitches you like. Baste or pin a piece of stabilizer to the back of the quilt top. I use Pellon 806 Stitch-n-Tear.

Couching: You may wish to couch yarn on the edge of some of these poppies. You may either couch around each petal or just around the outer edge. Use an open toe or cording foot on your machine. Set your zig-zag stitch as long and wide as possible. It is helpful to put yarn on a spool holder behind your machine. You may use a sparkly thread like Madeira Super Twist as your top thread. Tape a 1 inch piece of large straw to the top of your machine and thread the yarn through it and down into your cording foot. Lower the feed dogs and stitch 3 stitches in place to secure your thread, switch to zig-zag stitch, raise feed dogs and stitch the yarn to the edges of the petals.

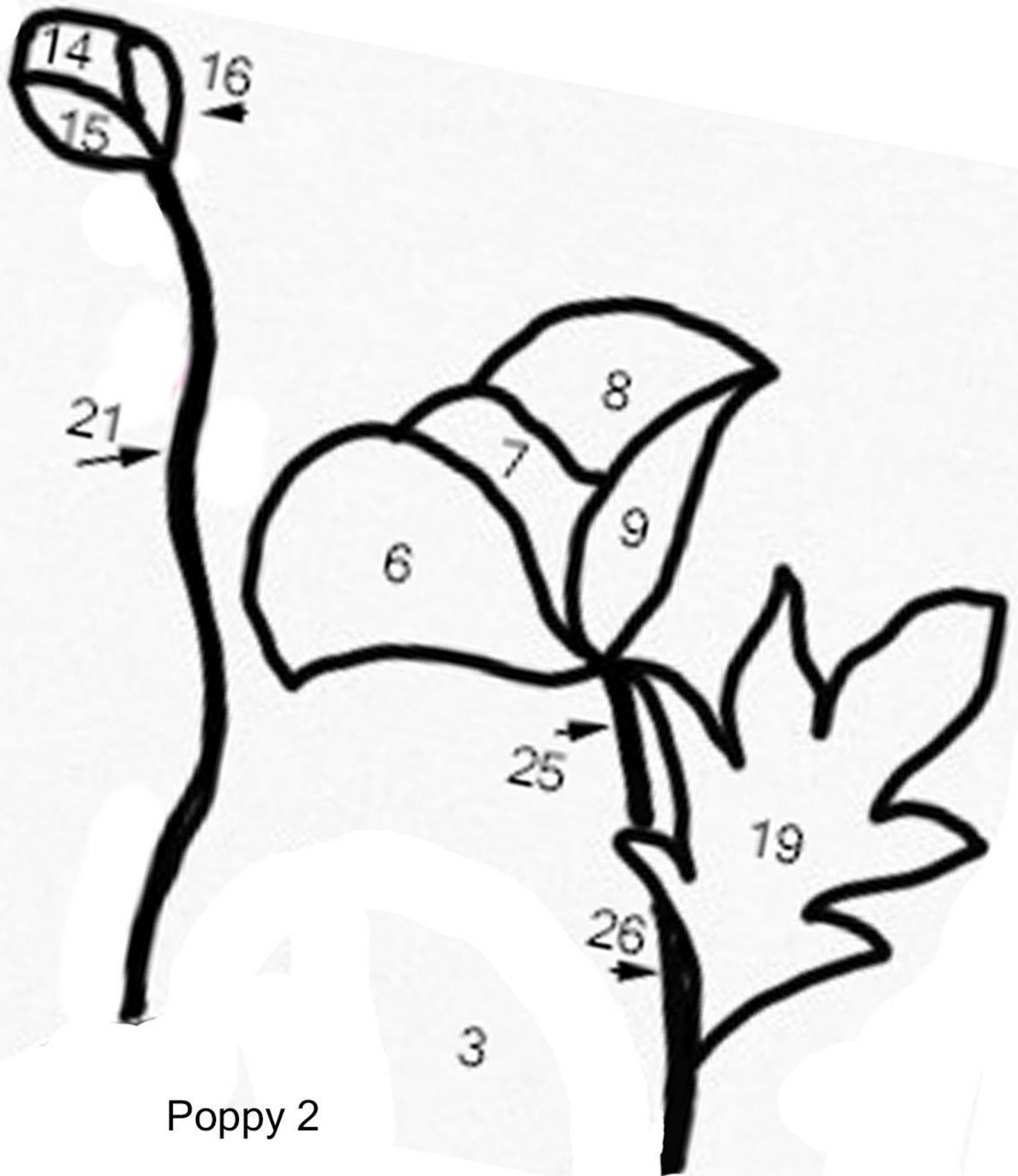
Thread Sketching: You may simply wish to thread sketch in a free hand style along the edges of the petals, stems and leaves. You can accomplish much great shading of color with this method. See my second video to watch this.

Make your quilt sandwich and quilt as desired. Bind or use a facing to finish off your quilt.

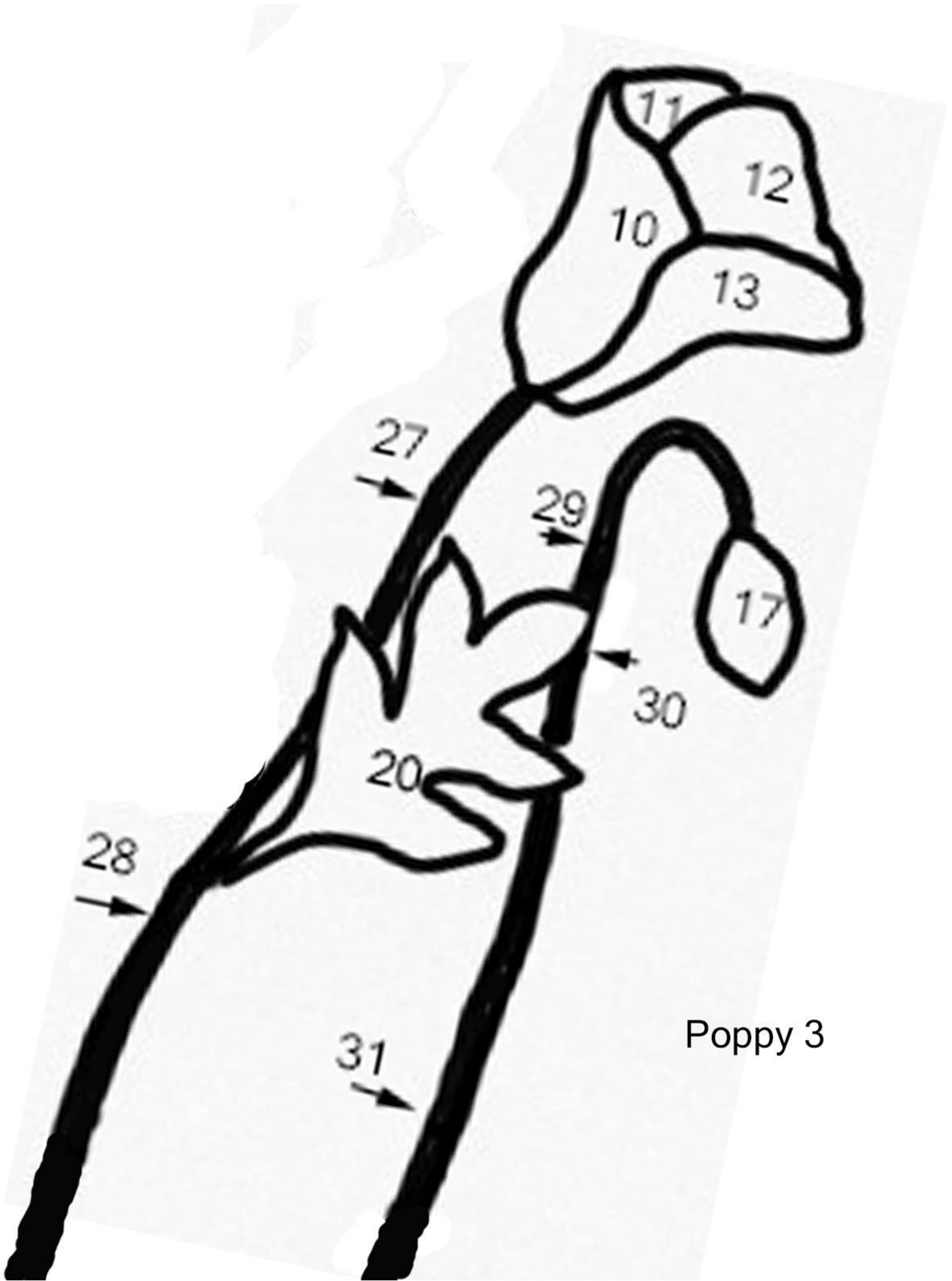




Poppy 1



Poppy 2



Poppy 3